



# Vetter Senior Living

## Facility Living Options & Specialized Options Guide

*You can read a full description of each of these options on the back of this page.*

CITY FACILITY		LIVING OPTIONS					SPECIALIZED OPTIONS							
		Alzheimer's & Dementia	Short Term Rehab/Sub Acute Care	Skilled Nursing Facility	Assisted Living	Independent Living	Adult Day Care Services	Alzheimer's & Dementia	Hospice Care	Medicare Certified	Occupational Therapy	Physical Therapy	Respite	Restorative Programs
		Have a dedicated neighborhood specialized for Alzheimer's & Dementia residents					Offer this care for residents who are only at early stages of Alzheimer's & Dementia, and do not require a secure neighborhood							
Alliance	Highland Park													
Broken Bow	Brookestone View													
Columbus	Brookestone Acres													
David City	David Place													
Elkhorn	Brookestone Meadows													
Emerson	Heritage of Emerson													
Fairbury	Heritage Care Center													
Garnett	Parkview Heights													
Geneva	Heritage Crossing													
Gering	Heritage Estates													
Grand Island	Tiffany Square													
Hooper	Hooper Care Center													
Iowa Falls	Heritage Care Center													
Lake City	Shady Oaks													
Lander	Westward Heights													
Lincoln	Southlake Village													
Lincoln	Sumner Place													
Loup City	Rose Lane Home													
Norfolk	Heritage of Bel Air													
North Platte	Linden Court													
North Platte	Linden Estates													
Omaha	Brookestone Village													
Papillion	Papillion Manor													
Red Cloud	Heritage of Red Cloud													
Seward	Ridgewood													
Springfield	Creekside													
Springfield	Elfindale													
St. Edward	Cloverlodge													
St. Paul	Brookefield Park													
Wahoo	South Haven													

# Living Options

---

## Independent Living

Enjoy care-free living in a community especially designed for healthy active seniors. Independent living provides you the privacy and freedom of home combined with the convenience of a maintenance-free environment. Our Independent Living offers lifestyle choices: social activities, dining plans, recreational events and service options to meet your needs.

## Assisted Living

Assisted Living offers personalized assistance, supportive services and dignified care in a family setting. We provide care that is specific to your personal needs, whether you require assistance with dressing, transportation, medications or other daily activities. It's the perfect alternative for seniors who can no longer live in their own home and yet want to remain as independent as possible. You retain the privacy and independence of home, while gaining immediate access to health care support when you need it.

## Alzheimer's & Dementia

Seniors facing the challenges of Alzheimer's disease and other related Dementia need a safe, nurturing environment. We specialize in individualized programs designed to reduce feelings of confusion, fear, and agitation and offer meaningful, enjoyable activities that stimulate the mind and body. Our services focus on the resident's wide range of abilities. We welcome and encourage family involvement and we work closely with the Alzheimer's Association.

## Specialized Options:

---

### Therapies

Registered physical, occupational and speech therapists are available to assist residents in achieving maximum independence and improved quality of life. Residents will benefit from state of the art modality equipment and treatments administered by highly skilled therapists.

- **Occupational Therapy**

Occupational therapy strives to help residents gain their maximum independence in functional daily living skills, which in turn, helps improve self-esteem.

- **Physical Therapy**

Our Physical Therapists are equipped to help residents maximize function by building their strength, coordination, and mobility.

- **Speech Therapy**

Speech pathologists focus on maximizing communication and swallowing skills through individualized programs to treat language, speech, and swallowing disorders.

### Outpatient Therapies

Comprehensive outpatient rehabilitation services include physical, occupational and speech therapy and are available to individuals in our community. These programs are designed to restore the participant to the highest possible level of functional independence through individualized treatment plans approved by your physician. Our professional therapy staff is fully licensed/credentialed. Our outpatient rehabilitation services include the use of state of the art modality equipment.

## Short-Term Rehabilitation/Sub Acute Care

Designed specifically for "patient-centered" care, our short-term rehabilitation facility provides an extensive range of rehabilitative services and 24-hour skilled nursing care. After a stay in the hospital patients may only require short-term rehabilitation or short-term skilled nursing care. The goal is to return home or to a residential care environment. We are dedicated to providing a "culture of rehabilitation" for patients to maximize improvement of health and wellness.

## Skilled Nursing Facility

Skilled nursing provides 24-hour nursing care, with extended medical and rehabilitative services for seniors with complex medical conditions. We offer a range of rehabilitative therapies available to both nursing-care residents and other members of the community. Our services are centered around your lifestyle. We dedicate ourselves to provide you peace of mind and an atmosphere that delivers comfort, security, and quality of life.

## Adult Day Care Services

Adult daycare services is an alternative to Skilled Nursing or Assisted Living placement. This short-term stay option provides relief for caregivers from what can be a "24/7" responsibility. Adult day care guests have an opportunity to interact socially with peers, share in stimulating activities, receive therapy if needed, and receive assistance with the activities of daily living.

### Restorative Programs

We develop individualized therapeutic programs designed to improve independence and mobility. Our goal is to help our residents lead a more independent life.

### Medicare Certified

If you have been in the hospital and your doctor feels that you are not yet strong enough to return home, you are encouraged to consider our facility. Our professional team of therapists will work with you to achieve strength and skills needed for you to return home. While receiving rehabilitation services, the cost of your care may be covered by Medicare.

### Alzheimer's & Dementia

Seniors facing the challenges of Alzheimer's disease and other related Dementia need a safe, nurturing environment. We specialize in individualized programs designed to reduce feelings of confusion, fear, and agitation and offer meaningful, enjoyable activities that stimulate the mind and body. Our services focus on the resident's wide range of abilities. We welcome and encourage family involvement and we work closely with the Alzheimer's Association.

### Respite

Short term, temporary care is provided to people with disabilities so their families can take a break from the daily routine of caregiving.

### Hospice

Residents who face terminal illness, and their families, benefit from guidance and comfort provided by medical professionals, hospice organizations, clergy, counselors, and skilled volunteers. We can help by bringing this support team together to provide round-the-clock services that make the precious final days of life as comfortable and full as possible.